

“Kindness is realizing we are all in this together.” -RAKtivist

Dear Anacortes Families:

As Elementary School Counselors, Tony (IV), Ian (ME) and Mary (FID) want to take a moment to reach out to our families during this difficult time. Please know we are thinking about you every day and miss that we are not in school together. We are already looking forward to the time when we will return to school and see your smiling faces. While this unexpected change may be unsettling we are all up for the challenge and are in this together.

Parents: This is an unprecedented and difficult time. Please know we care and are thinking about you at home with your children. It is our hope that you give yourself grace and patience. We collectively just got the rug pulled out from under us, so it is going to take time to settle into this unexpected change and new routine. Be kind to yourself. And please know that we as elementary counselors are here to support you, if you need to reach out and talk to us regarding your child.

We are working to create a new sense of normalcy with our students, and staying in contact is a HUGE part of maintaining those relationships that we love and want with our amazing students. Be sure to take a moment to remember that your child may be having feelings that need validation, and we will do our best to provide you with resiliency skills your student may need to have a sense of security and love.

We are listing some resources below that are intended to help you and your child navigate this strange and scary time together. We've linked books that have a Youtube read aloud (with approximate grade levels and the length of the read aloud). The books we will be sharing are about feelings, hope and connection, and kindness. We hope you enjoy.

Please don't hesitate to reach out to us if you need support.

With love in our hearts,
Elementary School Counselors- Ian Mayer imayer@asd103.org, Tony Vecchione tvecchione@asd103.org, and Mary Kiser mkiser@asd103.org